ST3 - ST8
SPECIALIST TRAINING INFORMATION
VASCULAR SURGERY

JUNE 2023



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ST3 - ST8 Specialist Training Information

WELCOME

Dear Trainee,

The Vascular Training Programme was accredited in 2017 and following consultation with NDTP /RCSI & The Medical Council, it was agreed that Trainees could legitimately move from the General Surgery Programme to the Vascular Programme for a limited period of time. It was also agreed that the duration of the transfer periods was based on a number of metrics, review of training to date, consultation with their Trainers, Training Programme Directors and final approval from NDTP/HSE/RCSI.

The Vascular Programme is now an established programme and currently has 19 trainees from ST3 to ST8. Application and appointment to Vascular Training is a separate route both in terms of the application process and the Specialty Interview. Over the last number of years there has also been an increase in the number of trainees who are selecting CST 2 as their specialty route for Vascular and therefore clearly choosing their Specialty option for ST3.

With the growth in the programme and numbers of trainees competing for ST3 appointment both programmes have undertaken an internal review around the ability of trainees to move across from one programme to another, this has also been identified by RCSI & NDTP/HSE as becoming problematic in the future for the programmes and those trainees who are selecting in CST 2.

At this point and in the best interests of all trainees it has been agreed that there will no longer be a transfer route into the Vascular Surgery Programme from General Surgery from July 2020 and this will now be closed. Any trainee who reaches a point on the General Surgery programme and wishes to switch programmes will need to re-apply to that programme at entry route (ESR ST3) and compete for appointment onto the programme.

The RCSI, Training Programme Committees and NDTP are of the opinion this is the most fair and transparent way for entry onto any programme Vascular, General Surgery or General & Emergency Surgery in the future and is in the best interests of the trainees in both Core and Specialty training and ensures the continued commitment and support of the existing trainees on these programmes.

All parties have agreed that they will continue to monitor this over the coming years to ensure both trainee and programme requirements are best served in this manner.

Mr Daragh Moneley MD, FRCSI, FEBVS

Training Programme Director - Vascular Surgery

IMPORTANT INFORMATION

Specialty Training Administrator for General Surgery for ST3 -ST8 Trainees:

Jackie Browne

RCSI Surgical Affairs, Royal College of Surgeons in Ireland

121/122 St. Stephen's Green, Dublin 2, Ireland

Tel: **01 402 2188 / 01 402 5191** E: jackiebrowne@rcsi.com W: www.rcsi.ie

1. MEETING WITH THE TRAINING PROGRAMME DIRECTOR (if required)

If you have any questions before starting the programme you may wish to meet with the TPD, **Mr Daragh Moneley**.

If you require a meeting with the TPD during your time on the programme, please contact your Specialty Training Administrator: jackiebrowne@rcsi.com, to arrange this.

2. INTERCOLLEGIATE SURGICAL CURRICULUM PROGRAMME (ISCP)

As a Trainee on the **Vascular Surgery Programme**, you will be required to use ISCP throughout your time in training. You will need to register with the site (www.iscp.ac.uk)

Please do not pay the fee directly RCSI will cover this

2.1 General Overview of the Intercollegiate Surgical Curriculum Programme (ISCP)

The Intercollegiate Surgical Curriculum Programme (ISCP) provides the approved framework for surgical training from ST3 to ST8 through to consultant level.

The curriculum guides and supports training up to Certificate of Satisfactory Completion of Specialist Training (CSCST) in a surgical specialty.

The curriculum enables trainees to develop as generalists within their chosen surgical specialty, to be able to deliver an on-call emergency service and to deliver more specialised services to a defined level.

The curriculum was founded on the following key principles, which support the achievement of these aims:

- A common framework across all the specialties within surgery.
- Curriculum standards that conform to the standards specified by the GMC/RCSI.
- Delivery of the curriculum by surgeons who are appropriately qualified to deliver surgical training.
- A robust assessment system to enable systematic progression through to completion of surgical specialty training.
- Regulation of progression through training by the achievement of outcomes that are specified within the specialty curricula.
- Formulation and delivery of surgical care by surgeons working in a multidisciplinary environment.
- Collaboration with those charged with delivering health services and training at all levels.

2.2 RCSI ISCP Support

RCSI is committed to offering support and training to all trainees and trainers using ISCP and on occasion run training sessions on ISCP.

Our ISCP Trainer is **Dr Helen Harty** is contactable at helenharty7@gamil.com

You can also contact the ISCP Helpdesk on **0044 207 869 6299** or helpdesk@iscp.ac.uk who are available to support queries from all trainees and trainers.

If you or your specialty colleagues wish to have an organised training session please contact your specialty administrator, jackiebrowne@rcsi.com who will help to facilitate this.

2.3 ISCP Account Post CSCST

Upon successful completion of the training programme you can contact the ISCP helpdesk to change your user type from trainee to consultant. This means that your training records are merely hidden. Your user type can be transferred back to trainee if you require access your training account/data. Please note that RCSI do not hold a copy of your training record.

HOSPITAL (TRAINING POST) & ASSIGNED EDUCATIONAL SUPERVISOR

Beaumont Hospital

Mr Daragh Moneley

St James's Hospital

Ms Zenia Martin

St Vincents University Hospital

Ms Mary Barry

Tallaght University Hospital

Ms Emily Boyle

The Mater Misercordiae University Hospital

Mr Ed Mulkern

Mercy University Hospital

Mr Gerald McGreal

University Hospital Waterford

Mr Morgan McMonagle

Cork University Hospital

Mr Greg Fulton

University Hospital Limerick

Prof Eamon Kavanagh

University Hospital Galway

Prof Muhammad Tubassam

Access your RCSI Membership Benefits by Remaining In Good Standing

As you commence your new HST year, a reminder that RCSI Membership subscription year runs from 1 May to end of April. As a Higher Surgical Trainee and RCSI Member, it is important that you remain in Good Standing with the College by paying your annual subscription. By supporting the College in this way, you remain part of a global network of over 11,000 Fellows and Members in 89 countries worldwide, giving you competitive advantage internationally through verification of your award and use of your postnominals.

Membership also gives you other opportunities, including a dedicated Fellows and Members portal with access to e-journals and online resources such as The Surgeon, Annals of Surgery, Elsevier journal, Lib Guides and surgical skills guides, institutional repositories and a wealth of information through our Library services along with career opportunities through Fellowship, award and bursary opportunities, mentorship, specialty webinars, CPD opportunities and career development advice.

To avail of the benefits of being one of our **Higher Surgical Trainees**, we strongly encourage you to remain **In Good Standing** - you can check the status of your

RCSI membership and pay your subscription **HERE**

We are grateful to all RCSI Fellows and Members who continue to pay their annual subscription and support the College and future generations of Surgeons. The Fellows and Members office are the office with responsibility for supporting the professional surgical network internationally. You can contact us at fellows@rcsi.ie

3.0 TRAINEE MARKETING & COMMUNICATIONS



3.1 RCSI Logbook

RCSI has developed its own RCSI logbook and trainees progressing from Core Surgical Training will continue to use this logbook to record activities as normal. The logbook will be available to view by your Training Programme Directors and Trainers for key events such as Annual Review of Competency Progression (ARCP).

A reporting function is available on the logbook for your ARCP (Print ISCP Report), here you will select the date range and export your logbook for upload to ISCP in advance of your meeting. The steps to complete this can be found in appendix 3.

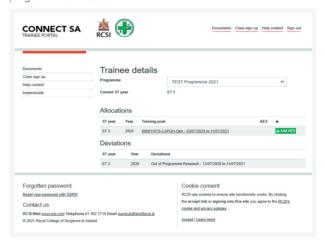
If you have not previously used RCSI Logbook you will need to access the logbook via mSurgery.ie via your RCSI account.

All Trainees commencing Specialty Training at ST3 are required to log procedures on the RCSI Logbook. Any queries regarding accessing the platform please contact your specialty administrator <code>jackiebrowne@rcsi.com</code> who can help with this. Please refer to Appendix 3 for more information.

4. RCSI TRAINEE PORTAL - CONNECT SA

When you log into your trainee portal using your RCSI credentials you will see your current placement and a history of all placements displayed. You can also use the trainee portal to sign up for your classes, mandatory workshops, Human Factors etc. and it allows you to upload specific documentation related to your training journey and use as a document library.

Figure 3. Connect SA



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5. ANNUAL REVIEW OF COMPETENCY PROGRESSION (ARCP)

The Training Committee will hold an Interim & Annual ARCP meeting to review your ISCP Portfolio twice a year, once in December (interim review) and the second in June (Annual review). You will need to ensure all your evidence of training i.e. the MCR, Learning Agreement meeting, AES Report, Work Based Assessments, MSF, other evidence etc. are all completed and available a week prior to your review date to allow the Panel Members time to assess the evidence provided before meeting with you at the ARCP.

There are five ARCP outcomes that can be awarded to a trainee at ARCP and they are

- ARCP 1 Satisfactory Progress
 Achieving progress and competencies at the expected rate.
- ARCP 2 Unsatisfactory Progress
 Development of specific competencies required additional training time not required.
- ARCP 3 Unsatisfactory Progress
 Inadequate progress by the trainee additional training time required.
- ~ ARCP 4 -

Released from training programme without specified competencies, Either trainees own reasons/removed from programme following ongoing concerns.

- ~ ARCP 5 -
 - *Incomplete evidence presented additional training time may be required
 - *Incomplete and the trainee has a time frame typically 10 days to get their portfolio together, following this period an ARCP 1,2,3 or 4 is awarded.
- ~ ARCP 6 –
 Recommendation for completion of training.

6. JOINT COMMITTEE ON SURGICAL TRAINING (JCST)

The JCST is an advisory body to the four surgical Royal Colleges of the UK and Ireland for all matters related to surgical training and works closely with the Surgical Specialty Associations (SACs) in Great Britain and Ireland. The JCST is the parent body of the Specialty Advisory Committees (SACs).

Click here for the link to JCST website for Republic of Ireland Trainees: Once you have your Certificate of Completion of Basic Surgical Training (CCBST) or Core Surgical Training Certificate (CST) to your Specialty Administrator jackiebrowne@rcsi.com.

If you entered the specialty programme via the Pathway programme (ST2) please contact the CST Administrator **Sara Gross** at saragross@rcsi.com for your certificate it's not automatically sent.

The JCST require a copy of your CST/CCBST certificate in order to enrol you with the Specialty Advisory Committee (SAC) and formally advise you of your CCST date.



ST3 - ST8 Specialist Training Information

7. FRCS

The Joint Committee on Intercollegiate Examinations (JCIE) is responsible, to the four surgical Royal Colleges of Great Britain and Ireland for the supervision of standards, policies, regulations and professional conduct of the Specialty Fellowship examinations also known as the "Exit Examination or FRCS Specialty. www.jcie.org.uk is an excellent resource for those applying to take their Intercollegiate exam and all trainees should familiarise themselves with this website.

You can only apply for FRCS Part 1 in ST7 or ST8 and FRCS Part 2 once you've passed Part 1. This is specifically to ensure that the trainee has met the competencies outlined in the Curriculum.

8. CERTIFICATE OF SATISFACTORY COMPLETION OF SURGICAL TRAINING (CSCST)

The JCST initiates the certification process 6 months before the end of your training.

At your final ARCP your ISCP Portfolio is reviewed by the panel and once an ARCP outcome 6 has been awarded the specialty administrator contacts the JCST to request the final sign off. If the JCST/SAC believe you have met all the criteria outlined in the curriculum for sign off they will recommend you to the Royal College of Surgeons in Ireland for the award of a Certificate of Satisfactory Completion of Specialist Training (CCST)

Early Certification (CCST) Request Requirements

6 months notice must be provided to your TPD if you plan on submitting for early certification.

GENERIC ADVICE Trainees need to be ahead of the curve throughout training and the evidence, including ARCPs, needs to support that. Ensure that your ISCP portfolio demonstrates with evidence that all required competencies have been met.

SPECIFIC CASES Individual requests will be more structured and should come from the Training Programme Director (TPD) and will be reviewed on a case-by-case basis

Requests to change a completion of certification date (CCST) will require the SAC Liaison Member (LM) to review the trainee's ISCP portfolio, at that point they will advise on whether or not the trainee is likely to meet the requirements of the curriculum ahead of the existing provisional certification date.

If the LM/SAC supports an early CCST sign-off date, it will be raised at the next Training Committee Meeting. If approved, the CCST request will then be added to the agenda of the next SAC Meeting. That committee will request feedback from the LM/SAC and the application will be discussed by the SAC Committee and they will feedback to the Specialty TPD the outcome.

If the LM / SAC is not prepared to support a revised certification date (CCST) and raises concerns in relation to the trainee's ability to meet the relevant competencies within a shorter timeframe, then that opinion will be provided to the Specialty TPD.

The final decision to change the provisional certification date rests with the local TPD / RCSI but they would not be expected to ignore SAC advice. If early certification is approved, RCSI should inform JCST of the change to completion of certification date.

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9. HUMAN FACTORS IN PATIENT SAFETY (HFPS) MANDATORY TRAINING

A programme of professional training in Human Factors in Patient Safety principles is a mandatory component of training for all surgical trainees commencing at Core Training and continuing up to the final year ST8 Specialty Training. The programme is delivered at No 26 RCSI by trained faculty members and adjunct Consultant trainers.

The Human Factors in Patient Safety programme provides a greater awareness of risk and error in the workplace by providing trainees with skills required to mitigate risk and prevent adverse outcomes. The programme supports the professional development of trainees and seeks to reinforce and ensure a culture of patient safety for the benefit of hospital patients. The RCSI Human Factors in Patient Safety programme also has a unique focus on non-technical skills, such as communication, teamwork, decision-making, leadership and managing stress emphasising how these skills facilitate better performance and enhanced self-care.

Training sessions use a combination of interactive classroom-based and experiential teaching methods. Classes are kept to a maximum of 25 attendees or less to allow for role-play, high fidelity simulation and repeated skills practice. Emergency Medicine, Ophthalmology, Radiology and Surgical trainees attend sessions together at Senior House Officer and Registrar level which stimulates multidisciplinary communication and reflection on clinical practice. Sessions are facilitated by a Human Behaviour specialist and a consultant in Surgery, Emergency Medicine, Radiology and Ophthalmology where appropriate. Each trainee must attend all mandatory components of training which have been tailored to their training level and their specialty.

VASCULAR SURGERY TRAINING PROGRAMME FOR HFPS 2023-2024				
SpR Year ST3- ST6 (Four year cycle)	 Simulation training in No 26 with scenarios, One per year: Leading Teams* -ST3 - GEN, NEURO, VASC & PAEDS wCAI – in the OR Managing Teams – ST4 – AS ABOVE WITH ASTEM4 & CAI – in the ED Decision making - ST5 –GEN, NEURO, VASC, & PAEDS Managing Adverse Events – ST6 - GEN, NEURO, VASC & PAEDS wCAI Specialty Specific Sim Day*** - ENT & Plastics do each of the above as a 4 year cycle 			
Workshops: One per year. Classroom based learning	 21st Century Professionalism (ST3) Safety Management Systems (ST4) Advanced Communication: Advocacy and Negotiation (ST5) Leadership (Emotional Intelligence) (ST6) 			
SpR Year 7/8 Cycle 1	 Train the Trainer Expert performance Cycle 2 Healthcare Management: Preparation for Consultant Practice Presentation and Interview skills 			

The curriculum is mapped to a taxonomy of professional outcomes which have been categorised into eight pillars

PILLARS OF PROFESSIONAL OUTCOMES				
Attitudes, Behaviours and Performance	Professionalism	Communication		
Cognition and Problem Solving	Safety Management Systems	Team work		

Human Factors in Patient Safety Programme for Specialty Training

The HFPS programme is a mandatory component of training. All Specialty Trainees are expected to attend their mandatory identified programme of HFPS Simulation and Workshops throughout their training in years ST3 to ST8, as mapped out above. Trainees should maintain their certificate of attendance for each module attended throughout the programme, this is sent the day after the course is attended to your RCSI email address and should be uploaded to ISCP. Failure to do so could lead to difficulties in your sign off for CSCST in ST8.

All Trainees must choose one date for each **Human Factors in Patient Safety module**. There are a limited number of places on each course date, places will be allocated on a first-come, first-served basis, once these are filled, that date is no longer available and you must select another date. All classes will take place in RCSI in Dublin.

Classes can be booked through the Trainee Portal – see item 6 above It is your responsibility to ensure you have selected a date for each module.

When selecting your dates you should check with your colleagues that you are not attending the same date. It is important that you notify your Medical Manpower Manager and Consultant Trainers to the dates you have agreed to attend well in advance.

Should you have any queries in relation to your classes please contact the Human Factors administrator:

Human Factors in Patient Safety - email: humanfactors@rcsi.ie

10. RESEARCH METHODOLOGY COURSE FOR SURGICAL TRAINEES

The Irish Surgical Postgraduate Training Committee is committed to ensuring that surgical trainees have good exposure to academic surgery as an integral part of surgical training. As a first step, a taught course in research methodology was introduced in 2015.

This is a modular programme which runs over four days in ST3 and ST4 (i.e. two days in each training year). The programme gives a comprehensive introduction to research methodology relevant to surgeons. After ST4, some trainees may opt to take time out of surgical training to pursue an MD or PhD through full time research for two years.

However this taught programme is intended for all surgical trainees, even if they do not plan to pursue an MD or PhD later. The ISPTC has deemed this programme mandatory for all ST3 trainees in all specialities and you are required to complete the 4 modules in order to be "signed off" in your ARCP at the end of ST4. However, those trainees who have already completed a taught MCh, or MD or PhD are exempted from the research methodology course as they have already completed a similar course as part of their higher degree. Trainees commencing in ST3 will be contacted with details of the course including exemption details.

A copy of the Research Methodology exemption form can be downloaded from mSurgery link: https://msurgery.ie/home/specialist-training/financial-support/

Modules need to be completed in order 1,2,3,4 with each module building on the previous one.

The dates for the Research Methodology modules 2022/23 have been confirmed and are as below:

Module 1: 20 October 2023
Module 3: 24 November 2023
Module 2: 9 February 2024
Module 4: 21 April 2024

All of these classes are being run online via Moodle.

11. SPECIALTY TRAINING DAYS – MANDATORY TRAINING

The following Mandatory Training days take place each year and your attendance is required:

MANDATORY		
Surgical Skills Assessment Day		
Aortic Masterclass		
Venous Masterclass		
PVD Masterclass		
Carotid Masterclass		
IVC Course, Cork		

12. 21 RCT'S/SYSTEMIC REVIEWS RELEVANT TO VASCULAR SURGERY THAT HAVE HAD AN IMPACT ON HOW WE PRACTICE TODAY

Carotid Disease

- Collaborators ECST randomised trial of carotid endarterectomy for recently symptomatic carotid stenosis: final results of the European Carotid Surgery Trial. Lancet 1998;351:1379-1387
- Barnett HJM, Barnes RW, Clagett GP, Ferguson GG, Robertson JT, Walker PM. Symptomatic carotid artery stenosis: a solvable problem. The North American Symptomatic Carotid Endarterectomy Trial. Stroke. 1992;23:1048 – 1053.
- GALA Trial Collaborative Group general anaesthesia versus local anaesthesia for carotid surgery (GALA): a multicentre, randomised controlled trial. Lancet 2008;372:2131-2142
- Prevention of disabling and fatal strokes by successful carotid endarterectomy in patients without recent neurological symptoms: randomised controlled trial. Halliday A, Mansfield A, Marro J, et al. Lancet 2004;363:1491-1502.
- Endarterectomy versus Angioplasty in patients with symptomatic severe carotid stenosis (EVA-3S) trial: results up to 4 years from a randomised, multicentre trial. EVA-3S Trial Collaborators. Lancet Neurology 2008;7:885-892.

Aortic Disease

- Endovascular Aneurysm Repair comparison of endovascular aneurysm repair with open repair in patients with abdominal aortic aneurysm (EVAR1). 30 day operative mortality results: randomised controlled trial. The EVAR Trial Participants. Lancet 2004;364:843 848.
- Endovascular aneurysm repair and outcome in patients unfit for open repair of abdominal aortic aneurysm (EVAR 2); randomised controlled trial. The EVAR Trial Participants. Lancet 2005:2187-2192.
- A randomised trial comparing conventional and endovascular repair of abdominal aortic aneurysm. Dutch Randomised Endovascular Aneurysm Management (DREAM) Trial Group. New England Journal of Medicine 2004;351:1607-1618.

- Multicentre Aneurysm Screening Study Group.
 Multi centre aneurysm screening study (MASS): cost
 effectiveness analysis of screening for abdominal
 aortic aneurysms based on 4 year results from
 randomised controlled trial. Multicentre Aneurysm
 Screening Study Group. BMJ 2002;325:1135-1139.
- The UK Small Aneurysm Trial: mortality results for randomised controlled trial of early elective surgery or ultrasonographic surveillance for small abdominal aortic aneurysms. The UK Small Aneurysm Trial Participants. Lancet 1998; 352:1649-1655.
- 11. Endovascular or open repair strategy for ruptured abdominal aortic aneurysm: 30 day outcomes from IMPROVE randomised trial. IMPROVE Trial Investigators. BMJ 2014;348:7661-7673.
- 12. Randomised comparison of strategies for Type B dissection: the Investigation of STEnt gra
- 13. fts in Aortic Dissection (INSTEAD) trial. Nienaber el al. Circulation 2009:120:2519-2528.

Peripheral Vascular Disease

- 14. 6 year prospective multicentre randomised comparison of autologous saphenous vein and expanded polytetrafluoroethylene grafts in infra inguinal arterial reconstructions. Frank Veith el al. Journal of Vascular Surgery. 1986; 3:104-114.
- 15. Bypass versus angioplasty in severe ischaemia of the leg (BASIL): multicentre, randomised controlled trial. Basil Trial Participants. Lancet 2005; 366:1925-1934.

Secondary Prevention in Peripheral Vascular Disease

- A randomised blinded trial of Clopidogrel versus Aspirin in patients at risk of ischaemic events (CAPRIE). CAPRIE steering committee. Lancet 1996; 348:1329-1339.
- 17. MRC/BHF Heart Protection Study of cholesterol lowering with Simvastatin in 20,536 high risk individuals: a randomised placebo-controlled trial. Heart Protection Study Collaborative Group. Lancet 2002; 360:7-22.
- 18. Collaborative meta-analysis of randomised trials of anti platelet therapy for the prevention of death, myocardial infarction and stroke in high risk patients. Anti-thrombotic Trialist Collaborative. BMJ 2002; 324:71-86.

Venous Disease

- Endogenous ablation (radiofrequency and laser) and foam sclerotherapy versus open surgery for great saphenous vein varies. Nesbitt C et al. Cochrane Database Systemic Review. 2014; 30(7 CD005624.
- Compression of Venous Leg ulcers. O'Meara S,
 Cullum NA, Nelson EA. Cochrane Database Systemic Review. 2009; Jan 21 (1): CD000265.
- 21. Thrombolysis for acute deep vein thrombosis. Watson LI, Brokerick C, Armon MP.

13.RETROSPECTION

The Vascular Surgical Training Programme is a six-year full time training programme and the Committee does not allow applications for retrospection.

14. OUT OF PROGRAMME TRAINING (OOPT)

If deemed appropriate by the Training Committee, Trainees can apply for time Out Of Programme (OOPT) on fellowships, both in the UK and overseas, to count towards training.

To apply for OOP Training you will need to:

- Discuss your intention at the idea stage with your Training Programme Director (TPD) and gain their support before you start applying for fellowships.
- Put your application in writing to RCSI and the training Committee, outlining the details of your proposal for OOPT i.e. start and end date, location, to be counted toward training or not. There is no guarantee your application will be approved by the Committee and may depend on other factors.
- Once you have support of the Training Committee you need to make an application in writing to the SAC via the JCST outlining the prospectus of the fellowship in comparison to RCSI Training Programme. The SAC will review and award an outcome.

The maximum amount of OOPT a trainee can take is 12 months across the whole training programme if they want it to be counted towards training. The SAC must prospectively approve any OOPT activity if you intend it to count towards certification.

When applying for OOPT you need to provide the following with your application.

Out of programme training application checklist	
Up-to-date CV	
Signed offer letter	
Letter of Support from Training Programme Director showing the exact dates of your Fellowship/OOPT period and whether the time out is counting towards training.	
Educational contract signed by you and your fellowship supervisor, which includes details of learning agreements and objectives and your timetable.	
Job description	
Name and contact details of your Fellowship Supervisor	

15. FUNDING

Funding is available to Higher Surgical Trainees via a number of different funding streams. Please see table below for a brief overview of available funds.

The guidelines and refund forms along with more information can be accessed on either RCSI mSurgery link https://msurgery.ie/home/specialist-training/financial-support/

Or the HSE Link https://www.hse.ie/eng/staff/ leadership-education-development/met/ed/fin/

SPECIALIST TRAINING FUND

- ~ Run by RCSI on behalf of HSE/NDTP.
- ~ For training courses/activities, equipment, books, expenses.
- ~ €500 per year per Trainee.
- Funding roles over year-on-year if not used but the expense being claimed must occur in the training year the claim is made.

CLINICAL COURSES AND EXAMS FUND

- Run by HSE/NDTP for courses and exams only on the approved CCERS list.
 - https://www.hse.ie/eng/staff/leadership-education-development/met/ed/fin/ccers-march-2021-.pdf
- ~ €450 per claim, no restrictions on how many claims you may submit per year.
- Trainees must claim for this fund through the HR Departments in their hospital within six months of attending the exam/course.

SURGICAL LOUPES FUND

- Total Fund Amount divided between all applicants on a pro rata basis. Amount received dependant on number of claims made
- The Surgical Loupes window of application opens in February for approx. 6 weeks and application form can be found on the mSurgery link above along with guidance document.
- Trainees must submit application and loupes receipt in order to qualify for funding to their Specialty Administrator.

RCSI supports Trainees fees for:

INTERCOLLEGIATE SURGICAL CURRICULUM PROGRAMME (ISCP)

- ~ Available to ST3-ST8 (dependant on Specialty).
- ~ €300 per year.

ENDNOTE

- Available to all Trainees on the HST Programme and should help with research. To download using your RCSI log on through https://vle.rcsi.ie/, follow the path:
 - > Support > IT Support > 4. RCSI Software Library
 - > Endnote
- ~ Normal purchase cost €300 per Trainee.

Please Note: While it is our intention to meet funding requirements, funding is subject to review and annual approval by the HSE/NDTP on an annual basis.

16. STUDENT CARD/LIBRARY

You will need an RCSI email to access journals on the RCSI website, electronic library and also to gain entry to the library. Your student identification card for the HST Training Programme in will be issued to you at induction.

17. THE IRISH SURGICAL TRAINING GROUP (ISTG)

The Irish Surgical Training Group (ISTG) is a group of Surgical Trainees who represent all trainees in all subspecialties in Ireland from ST1 - ST8. The aims of the group are as follows:

- ~ To provide leadership for Surgical Trainees of all disciplines.
- To represent the voices of Surgical Trainees as key stakeholders in planning of surgical training with all ~ training bodies and committees.
- To provide a forum for the discussion of surgical training issues through meetings:
 - Training information evening and AGM: get the inside track on life as senior Trainee on your subspecialty of interest.
 - Annual meeting of ISTG and Bosco O'Mahoney lecture: part of Charter day meeting: themed meeting on issues affecting surgical Trainees, reports from recent fellowships.
 - Annual Trainee dinner and presentation of Silver Scalpel Award.

The ISTG can provide support and advice to Trainees and can be contacted at irishsurgicaltraininggroup@gmail.com. It would be a good idea to email this group and request they put you on their mailing list.

18. MATERNITY LEAVE / CHILDCARE

As Maternity Leave also affects the CCST date, you will be required to **inform your Programme Director** and your **RCSI Specialty Administrator** of your Maternity leave, start and finish dates when you have them. Trainees must also inform their **employer** as per their HSE contracts.

Childcare:

RCSI provides a subsidy and has an agreement in place Giraffe Crèches (at its Dublin sites) for a limited number of childcare places for children of RCSI staff and registered full-time students in the Schools of Medicine (including Physician Associates programme), Physiotherapy, Pharmacy and School of Postgraduate Studies students studying full-time on a Research programme i.e. MCh by Research, MSc by Research, MD and PhD. Please note this offer does not extend to Postgraduate Surgical or Emergency Medicine Trainees who are not in full time education in RCSI.

19. JOB SHARING

Postgraduate Trainees can now avail of job-sharing opportunities for a set period of time. Job-sharing works on the basis that two Trainees will share one full-time post with each Trainee working 50% of the hours. The aim of the job-sharing policy is to retain doctors within the medical workforce who are unable to continue training on a full-time basis.

Please see mSurgery Link:

~ www.msurgery.ie



20. HSE NATIONAL FLEXIBLE TRAINING SCHEME

The HSE National Flexible Training Scheme for Higher Specialist Trainees is a national scheme managed and funded by the Health Service Executives National Doctors Training and Planning (NDTP) Unit. The scheme provides for a limited number of supernumerary places to facilitate doctors at higher specialist training level to continue their training in a flexible manner for a set period of time.

The guide sets out the current details of the National Flexible Training Scheme and provides information for Trainees about the programme and the application process. Applications generally open at the beginning of August and close at the end of December for the training year commencing the following July.

Please see mSurgery Link:

https://msurgery.ie/wp-content/uploads/2019/09/ Flexible-Training-Policy-2020.pdf

21. ALTERNATIVE FLEXIBLE TRAINING ARRANGEMENTS

Trainees wishing to avail of flexible training options with the HSE supernumerary offering should discuss options with their Training Programme Director and Hospital Medical Manpower Manager.

Other alternatives can be explored for e.g. a 4 day week, week on week off in line with both your training requirements and those of the hospital you work in.

Trainees can also avail of job-sharing opportunities for a set period of time.

The aim of any approach to flexible training is to retain doctors within the medical workforce who are unable to continue training on a full-time basis. It is important to note that any flexible training option approved will result in an extension to your CCST date.

Please see mSurgery Link:

- ~ www.msurgery.ie
- ~ www.msurgery.ie/postyear

22. POST REASSIGNMENT REQUEST

The post reassignment process has been established to support Trainees who have had an **unforeseen and significant change in their personal circumstances** since the commencement of their current training programme (ST1 - ST8) which requires a change to the agreed post/rotation.

This process is managed by Postgraduate Training and governed by the specialty and ISPTC. Please see here for further details and an application form.

23. CAREER BREAK INFORMATION FOR NCHDS

NCHDs who **travel abroad** can now apply for a career break and if approved will remain on the superannuation scheme. For the HSE circular in relation to career breaks please see https://healthservice.hse.ie/staff/leave/career-breaks/. NCHDs wishing to avail of a career break under this arrangement must apply to their **Employer** in sufficient time before the expiry of their current contract. For those NCHDs participating in a Specialist

Training Scheme they must also apply to the relevant postgraduate medical training body and obtain the formal written approval of the relevant postgraduate medical training body. This formal written approval must be attached to the career break application to their employer. Please see here for the list of agencies with public service employees funded by the HSE.

24. EXCEPTIONAL LEAVE

You can be granted **3 months exceptional leave for illness/exceptional circumstances**. This will add **3 months to your expected CCST date**.

The SAC require a letter from you outlining the reasons for the exceptional leave and what you will be doing during this time. A letter from the TPD is also required to confirm their agreement for you to take exceptional leave and confirm your new completion date. Trainees must also inform their employer as per their HSE contracts.

25. RCSI SURGICAL FELLOWSHIPS AND AWARDS

The College is committed to encouraging the acquisition of additional training and skills outside the structured programmes of the College and, to this end, provides a range of scholarships and grants in postgraduate surgery to assist surgeons-in-training and recently-appointed Consultant Surgeons to gain additional expertise in centres of excellence overseas. Applicants must be Fellows or Members of the Royal College of Surgeons in Ireland who are in good standing. Please see here for further information.

26. IMPORTANT CONTACT DETAILS

Training Programme Director

Mr Daragh Moneley

E: daraghmoneley@beaumont.ie

Surgical Training Office

1st Floor 121 St. Stephens Green

Specialty Training Administrator Vascular Surgery Jackie Browne

E: jackiebrowne@rcsi.com Tel: 01 402 2188

Intercollegiate Surgical Curriculum Programme (ISCP)

Helpdesk Opening Times are:

Monday to Friday, 09.00 am – 17.00 pm

T: 0044 20 7869 6299

E: helpdesk@iscp.ac.uk W: www.iscp.ac.uk

Joint Committee on Surgical Training

34-35 Lincoln's Inn Fields, London, WC2A 3PE, England www.jcst.org

Committee & Trainee Services ManagerMs Verity Walker

T: 0044 20 7869 6245 E: <u>vwalker@jcst.org</u>

RCSI Reception

121 Stephens Green, Dublin 2

T: **01 402 2422** T: **01 402 2263**

RCSI IT Department

Ground Floor, RCSI House,121 St Stephens Green, Dublin 2

T: 01 402 2273 E: helpdesk@rcsi.ie

RCSI Library

T: 01 402 2409 E: librarysec@rcsi.ie

W: www.rcsi.ie/library

RCSI Student Academic and Regulatory Affairs Office (SARA)

1st Floor, 123 St Stephens Green, Dublin 2

T: **01 402 2222** E:<u>ssgsara@rcsi.ie</u>

27 EVENTS CALENDAR

27.EVENTS CA	LENDAR				
SEPTEMBER	NOVEMBER	JANUARY	MARCH	MAY	JUNE
Core Curriculum	Core Curriculum	Core Curriculum	Core Curriculum	Core Curriculum	Core Curriculum
Remote Teaching Sessions Date TBC	Remote Teaching Sessions Date TBC	Remote Teaching Sessions Date TBC	Remote Teaching Sessions Date TBC	Remote Teaching Sessions Date TBC	Remote Teaching Sessions Date TBC
		[N-]		E-	\\\-\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\
Sir Peter Freyer Surgical Symposium 2023 Date TBC	Millin Meeting 2023 Date TBC	Skills Assessment Date TBC FEBRUARY	Skills Assessment Date TBC	Skills Assessment Date TBC	Annual ARCP 2024 Date TBC
Vascular Bootcamp	ISCP Portfolio Date TBC	Core Curriculum	Sylvester O'Halloran meeting 2023 Date TBC	Joint IAVS/NIAVS Meeting and Master Class Date TBC	
ST3 & ST4 Date TBC OCTOBER	DECEMBER Core Curriculum	RCSI Charter Day Date TBC	Surgical Loupes application		
Core Curriculum			deadline Date TBC		
	Remote Teaching Sessions Date TBC	RCSI Charter Day Vascular Master Class			
Remote Teaching Sessions Date TBC		Date TBC	Core Curriculum		
E E	Skills Assessment Date TBC		Remote Teaching		
Skills Assessment Date TBC			Sessions Date TBC		

2023 TBC (RCSI) Please note: The events shown above take place every year and typically they occur the same week every year. Last year a lot of events were online due to Covid but as we move out the other side its not yet known whether events will be F2F this year or online, A lot of the hands on training, ie clinical skills events will most likely go ahead in person. All training events will be communicated to all trainees prior to the event date.

Interim ARCP

Date TBC

Waterford Surgical Meeting 2023

Date TBC

APPENDICES

APPENDIX 1:

VASCULAR SURGERY CURRICULUM

Critical Conditions and Key Topics

Vascular Surgery manages a large number of individual conditions as described in the syllabus. Assessment of a trainee's ability to manage these is through the supervision level decisions made when assessing the shared CiPs. Vascular Surgery also has a list of critical conditions and key topics which are felt to be of significant importance for patient safety and to demonstrate a safe breadth of practice. These critical conditions will be assessed individually by means of the Case Based Assessment (CBD) and Clinical Evaluation Exercise (CEX) which will both provide formative feedback to the trainee and feed into the summative assessment of the AES.

To ensure that trainees have the necessary skills in the critical conditions, by certification (the end of phase 3) there should be documented evidence in the portfolio of performance at the level of a day-one consultant by means of the CBD or CEX as appropriate (at level 4: Appropriate for certification. See CBD/CEX forms for the full list of levels).

The critical conditions are:

- 1. Acute Limb Ischaemia
- 2. Abdominal Aortic Aneurysms
- 3. Fulminant Diabetic Foot Sepsis

The key topics are:

- Assessment, resuscitation and management of patients with acutely ischaemic legs.
- Recognition of critical ischaemia and claudication in patients with peripheral vascular disease and knowledge of treatment option including angioplasty, stent and bypass techniques.
- Diagnosis and treatment of patients with acute upper limb ischaemia.
- Recognise and know the principles of treatment of patients with ruptured abdominal aortic aneurysms.
- Diagnosis and management, including operative management of abdominal and peripheral aortic aneurysms. Have knowledge of both open and endovascular repair of aortic aneurysms.
- Ability to diagnose and manage patients with femoral false aneurysms, and the application of this to plan management of all false aneurysms.

- Recognition and management of severe vascular infections, involving native vessels and synthetic grafts
- Recognition and management of patients presenting with diabetic foot tissue loss/ Infection and sepsis.
- Safely assess the multiply injured patient (ATLS course or equivalent)
- Identify and manage traumatic and iatrogenic vascular injuries
- Diagnosis and management of carotid artery disease including knowledge of when to use endovascular techniques.
- A basic knowledge of vascular access techniques and the treatment of arterio-venous malformations.
- Have knowledge of the techniques involved in renovascular surgical intervention.
- Recognition and management of patients with vasospastic and arteritic conditions of their upper and lower limbs
- Have knowledge of both open and endovenous treatments for varicose veins and treat patients with varicose veins from start to finish
- Diagnosis and treatment of patients with lymphoedema.
- Have knowledge of the diagnosis and management of thoracic outlet syndrome.
- Know how to manage patients with hyperhidrosis
- Ability to assess published evidence in relational to clinical practice and ability to teach others

APPENDIX 2:

INDEX PROCEDURES – VASCULAR SURGERY

Vascular Surgery requires technical skills to be undertaken across a wide range of operative procedures as described in the syllabus. These are generally groups of procedures which are common and/or are seen as representing important areas of technical expertise. The assessment of a trainee's ability to carry out this full range of procedures is covered by the supervision level decisions made when assessing the CiPs. These assess not only the necessary technical skills but the totality of capabilities required to carry them out. Vascular Surgery also has a list of index procedures, which are felt to be of significant importance for patient safety and to demonstrate a safe breadth of practice.

The index procedures will be assessed individually by means of the PBA which will both provide formative feedback to the trainee and feed into the summative assessment of the AES and ARCP. The competency in these procedures should be developed through both Phase 2 and 3 of training.

By certification (the end of phase 3) there should be documented evidence of performance at the level of a day-one consultant for the index procedures to competence level 4 in the PBA.

PBA Level 4:

- a: Procedure performed fluently without guidance or intervention
- b: As 4a and was able to anticipate, avoid and/or deal with common problems/complications
 (see PBA form for the full list of levels).

The PBA numbers are an indicative guide for both trainees and trainers as to the case numbers that give an indication of competence as trainees would not normally be expected to have achieved sufficient experience to be able to manage the range of pathology they encounter unless these numbers were met. It is recognised that competence could be achieved with fewer cases, if supported by evidence from other assessments. Meeting the numbers does not, in itself, imply competence.

The index procedures and indicative numbers are:

Aortic aneurysm

- Open Aortic Procedures 10 PBAs that show progression to competence. To include four at level 4 by at least two trainers (To include Open repair of Elective AAA at level 4 and Ruptured AAA at level 3)
- Collaborative Endovascular Aortic Procedures -10 PBAs that show progression to competence. To include four at level 4 by at least two trainers (To include Endovascular repair of Elective AAA at level 4 and Ruptured AAA at level 3)

Carotid Endarterectomy

Carotid endarterectomy – 10 PBAs that show progression to competence. To include four at level 4 by at least two trainers

Common Femoral Arterial Surgery

Common Femoral Arterial Surgery - 10 PBAs that show progression to competence. To include four at level 4 by at least two trainers

Inclusive of:

- Common Femoral artery exposure, endarterectomy and patch / graft anastomosis – to level 4
- ~ Redo Groin Surgery
- Combined Open with Endovascular Revascularisation (COWER) - to level 4 as part of Collaborative delivery

Infra Inguinal bypass surgery

Infra Inguinal bypass surgery – 10 PBAs that show progression to competence. To include four at level 4 by at least two trainers

Inclusive of:

- ~ Above Knee popliteal exposure and anastomosis
- ~ Below knee popliteal exposure and anastomosis
- ~ Calf vessel run exposure and anastomosis
- ~ Pedal vessel exposure and anastomosis
- ~ Popliteal artery exclusion bypass

Endovascular

Endovascular – 10 PBAs that show progression to competence. To include four at level 4 by at least two trainers

Inclusive of:

- Perioperative Endovascular (DSA) imaging interpretation and management
- ~ Angioplasty / Stenting of a luminal SFA/ Iliac stenosis.
- ~ Over the wire balloon thrombectomy cases

Emergency Vascular Surgery

Emergency Vascular Surgery – 10 PBAs that show progression to competence. To include four at level 4 by at least two trainers

Inclusive of:

- ~ Femoral and Brachial Embolectomy
- ~ 4 compartment fasciotomy
- ~ Control and repair false femoral artery aneurysm

Amputation and Debridement

Amputation and Debridement – 10 PBAs that show progression to competence. To include four at level 4 by at least two trainers

Inclusive of:

- Digital amputation and or Drainage of Diabetic Foot Sepsis at level 4
- Major amputation (Inclusive of Above/ Through and Below Knee) at level 4

Varicose Vein Surgery

Varicose vein surgery – 10 PBAs that show progression to competence. To include four at level 4 by at least two trainers

Inclusive of:

- ~ Sapheno-femoral and sapheno-popliteal ligation.
- ~ Endovenous LSV and SSV ablation
- ~ Foam injection sclerotherapy

Vascular Access

Vascular access – 10 PBAs that show progression to competence. To include four at level 4 by at least two trainers

Inclusive of:

- ~ Primary AV fistula at wrist/upper arm
- ~ Revision of failed AV fistula

General Surgery

General Surgery – 10 PBAs that show progression to competence. To include four at level 4 by at least two trainers

Inclusive of:

- ~ Open and Close Laparotomy at level 4
- Emergency Control (packing) of intra-abdominal haemorrhage
- ~ Division of Adhesions
- ~ Colonic mobilisation to allow Vascular Control

APPENDIX 3:

COMPLETE STEP GUIDE TO THE LA-MCR-SA

PLACEMENT START

	STEP 1	10 minutes			
Trainee Set up placement Transition to new curriculum List AES List all CSs + AES (min 2) Submit placement		ı			
	STEP 2	5 minutes			
Trainee	~ Create Learning Agreement ~ Select Lead CS				

LA - OBJECTIVE SETTING

	STEP 3 30 minutes		
Trainee	Complete objective setting with AES ~ Objectives for GPCs / each CiP ~ Support to achieve objectives ~ Sign off		
	STEP 3 30 minutes per trainee		
Assigned Educational Supervisor	Complete objective setting with trainee ~ Objectives for GPCs / each CiP ~ Support to achieve objectives ~ Sign off		

	STEP 4	15 minutes	
Trainee	Complete midpoint Self-Assessment		
	STEP 4	10 minutes per trainee	
Lead Clinical Supervisor	Complete midpoint MCR (Arrange MCR meeting in advance ~ Access MCR via dashboard linke ~ Complete MCR on behalf of gro ~ Submit		
	STEP 4	10 minutes per trainee	
Other Clinical Supervisors	Complete midpoint MCR ~ Attend MCR meeting		

	STEP 5	10 minutes per trainee	
Other	Agree MCR		
Clinical Supervisors	(even if present at meeting) ~ Option to agree/disagree and		
	comment		

	STEP 6	10 minutes per trainee	
Assigned	Sign off midpoint N	ИCR	
Educational	(After step 5 or 2 weeks after step 4)		
Supervisor	~ Access MCR via dashboard link		
	~ Add global comments		
	~ Add progress in GPCs 6-9		
	~ Sign off		

	STEP 7	30 minutes per trainee
Lead Clinical Supervisor	Arrange a feedback trainee to discuss assessment.	

LA – MIDPOINT REVIEW

	STEP 8	30 minutes
Trainee	Complete midpoint review ~ Review progress in GPCs / ~ Agree any actions necessa ~ Sign off	CiPs
STEP 8 30 minutes		
Assigned Educational	Complete midpoint review trainee	with
Supervisor	~ Review progress in GPCs / CiPs ~ Agree any actions necessary ~ Sign off	

ST3 - ST8 Specialist Training Information

LA – MIDPOINT REVIEW

	STEP 9	15 minutes
Trainee	Complete final Self-Assessment	
	STEP 9	10 minutes per trainee
Lead Clinical Supervisor	Complete final MCR (Arrange MCR meeting in advance) ~ Access MCR via dashboard link ~ Complete MCR on behalf of group ~ Submit	
	STEP 9	10 minutes per trainee
Other Clinical Supervisors	Complete final MCI ~ Attend MCR meet	

	STEP 10	10 minutes per traine
Other	Agree MCR	
Clinical	(even if present at meeting)	
Supervisors	~ Option to agree/disagree and	
	comment	

•		
	STEP 11 10 m	inutes per trainee
Assigned Educational Supervisor	onal (After step 5 or 2 weeks after step 4)	
	STEP 12 30 m	inutes per trainee
Lead Clinical Supervisor	Arrange a feedback session with the trainee to discuss the MCR and self-assessment.	

LA – FINAL REVIEW

	STEP 13	30 minutes
Trainee	Complete final review with AES ~ Review progress in GPCs / CiPs ~ Sign off	
	STEP 13 30) minutes per trainee
Trainee	Complete final review ~ Review progress in GR ~ Write AES report ~ Sign off	

PLACEMENT ENDS

3A. TRAINEE SCREEN NAVIGATION

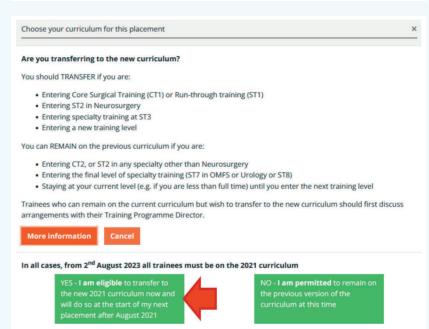
STEP 1

Set up placement

From the menu click ADD / Placement

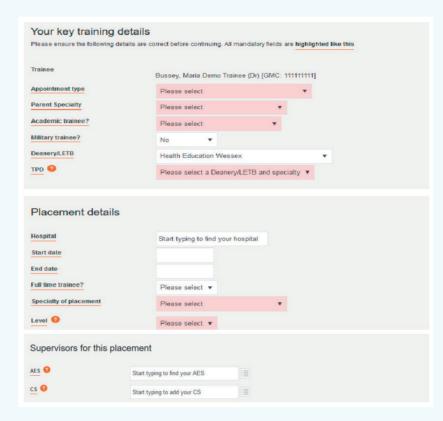
Select the lefthand YES box to transition to the new curriculum

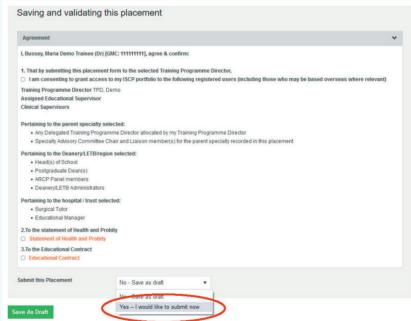




ST3 - ST8 Specialist Training Information

Complete the placement form.





ST3 - ST8 Specialist Training Information

STEP 2
Create the Learning Agreement

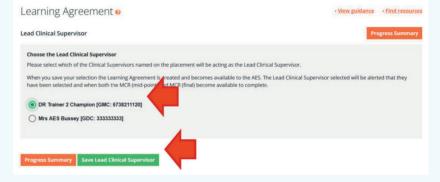
Click on **LEARNING** in the menu / Click **Create Learning Agreement**

Select Lead Clinical Supervisor Click the marble – Select / Edit Lead CS





Select the radio button next to the name and click the green **Save Lead Clinical Supervisor button**. You can change the Lead CS in the same way at any time.



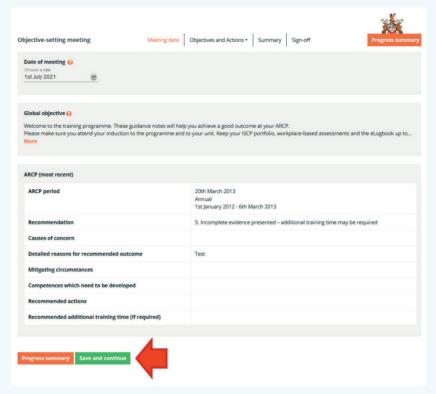
STEP 3 Complete the objective setting meeting with AES

Click the **LA Objective-setting** meeting marble.



ST3 - ST8 Specialist Training Information

Enter the date on the cover page and click the green **Save and continue** button.



Set objectives for the GPCs.

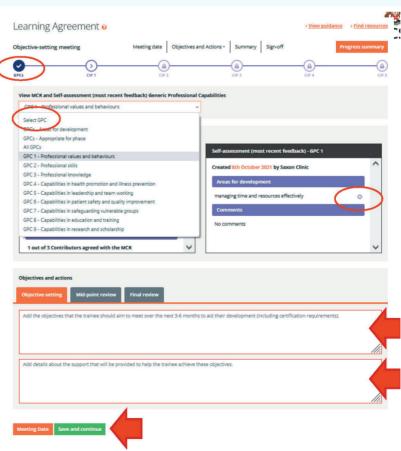
Previous MCRs will display (except for the first objective setting meeting following transition to the new curriculum).

Use the drop down box select a view of the GPCs as rated in the MCR. You can use these as a reference for setting new objectives.

Agree with your AES, set objectives in the first box. You can click the plus signs next to MCR descriptors to add them to the objectives box.

Agree with your AES the support you will need to achieve the objectives. This might include workplace-based assessment, courses, learning opportunities.

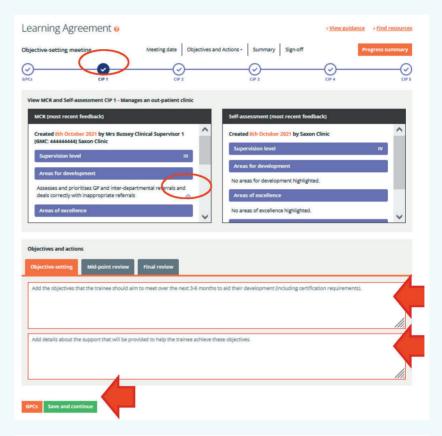
Click the green **Save and continue** button when finished.



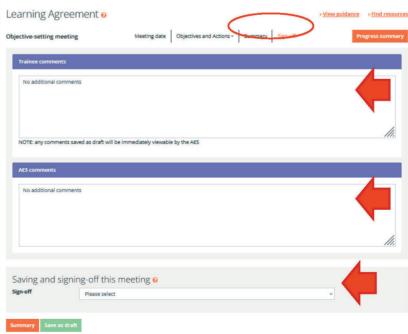
Do the same with each of the CiPs.

ST3 - ST8 Specialist Training Information

Objectives may cover knowledge, clinical skills, decision-making, operative skills, index procedures/ PBAs, critical conditions/CEX/CBDs, exams, courses and projects as relevant to each CiP.



Check the Summary page and then the **Sign-off** page.



STEP 4 **Complete midpoint Self-Assessment**

From the menu, click **LEARNING** / Click on the purpose Mid-point tab next to the relevant placement.

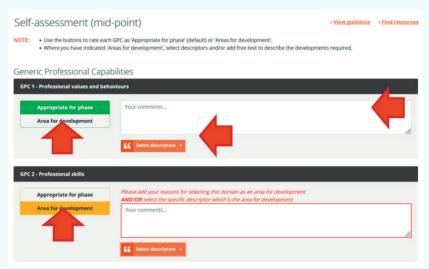
Click on the Self-assessment (midpoint) marble. Hovering on the marbles provides more information on the status of each stage.

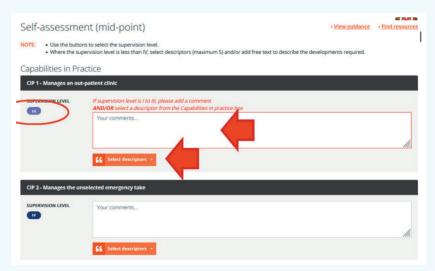
Complete the Self-Assessment form.

Rate GPC domains 1-9. The default rating is Appropriate for phase. Use free text to explain specific achievements. Alternatively, select Area for development which requires explanatory commentary. Use free text or browse descriptors to describe any development needs. Click the green Save and continue button at the bottom to continue to the CiPs.

Do the same for each CiP, using free text or descriptors (maximum 5) to explain any ratings lower than IV. Excellence ratings can also be selected.

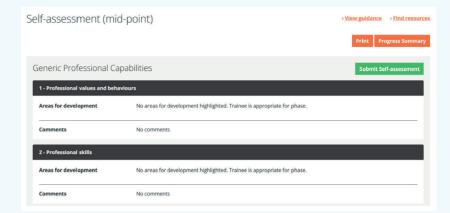






ST3 - ST8 Specialist Training Information

Check the resulting summary and then click the green **Submit Self-assessment** button.



When the MCRs are available for you to view, you will receive this alert on your dashboard:

The MCR (mid-point) has now been signed off by [AES NAME GMC NUMBER] and can be found in your portfolio.

The MCR (final) has now been signed off by [AES NAME GMC NUMBER] and can be found in your portfolio.

You should receive a feedback session with the Lead CS or other nominated supervisor to discuss the MCR and your self-assessment.

Repeat the above steps for the midpoint learning agreement, final self-assessment and final learning agreement.

3B. ASSIGNED EDUCATIONAL SUPERVISOR SCREEN NAVIGATION

You will be able to see whether your trainees have transitioned to the new curriculum by clicking MY TRAINEES from the menu and then As Assigned Educational Supervisor.

The resulting page shows that trainees with the purple 2021 tab are now on the new curriculum. They will have a new style learning agreement which focuses objectives on achieving the GPCs and CiPs.

These trainees will also need be assessed with the new Multiple Consultant Report (MCR) which you will have responsibility for signing off after submission by the Lead Clinical Supervisor. The midpoint and final MCRs must be completed before the midpoint and final learning agreements respectively.

Select the trainee / placement.

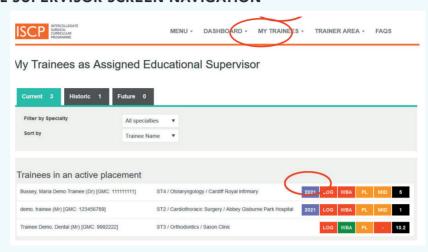
Click the **Learning Agreements** tab and then the learning agreement meeting (OBJ for objective setting, MID for midpoint review or FIN for final review).

STEP 1 AND 2

Setting up a placement, creating a learning agreement and selecting the Lead CS are completed by the trainee. You and the trainee can then start the learning agreement and may share a screen to go through the objective setting form.

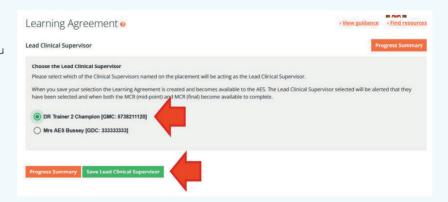
You or the trainee can amend the Lead CS if necessary - Click the marble for Select / Edit Lead CS

Select the radio button next to the name and then click the green Save Lead Clinical Supervisor button. You or the trainee can change the Lead CS in the same way at any time.







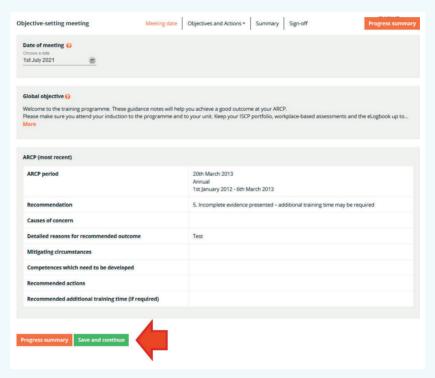


STEP 3
Complete the objective setting meeting

Click the **LA Objective-setting** meeting marble.



Enter the date on the cover page and click the green **Save and continue** button



Set objectives for the GPCs.

Previous MCRs will display (except for the first objective setting meeting following transition to the new curriculum).

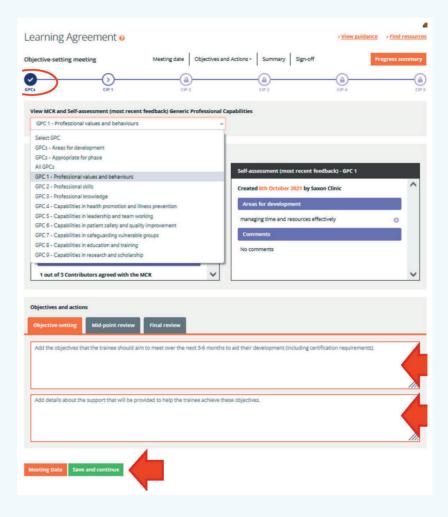
Use the drop down box select a view of the GPCs as rated in the MCR. You can use these as a reference for setting new objectives.

With your trainee, set objectives in the first box. You can click the plus signs next to MCR descriptors to add them to the objectives box.

With your trainee determine the support they will need to achieve the objectives. This might include workplace-based assessment, courses, learning opportunities.

ST3 - ST8 Specialist Training Information

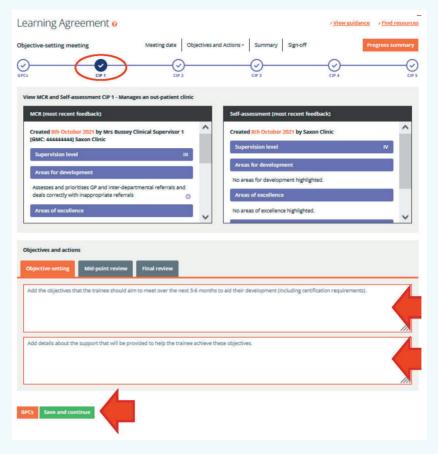
Set objectives for the GPCs.



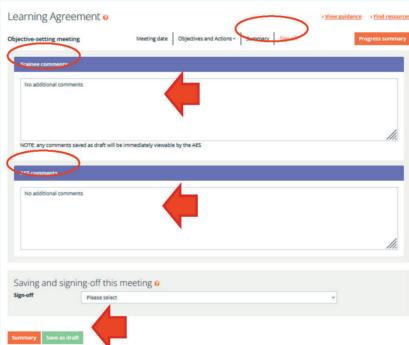
Do the same with each of the CiPs.

ST3 - ST8 Specialist Training Information

Objectives may cover knowledge, clinical skills, decision-making, operative skills, index procedures/ PBAs, critical conditions/CEX/CBDs, exams, courses and projects as relevant to each CiP.



Check the **Summary** page and then go to the **Sign-off** page. The trainee will have first sign off of objective setting and the midpoint review. You will have first sign off of the final review because it incorporates your AES report.



ST3 - ST8 Specialist Training Information

Step 4 (the midpoint MCR) is completed by Lead CS / Clinical Supervisors.

STEP 5 Sign off the MCR

You will see the following alerts on your dashboard. Click these links to add information about the trainees, progress in GPCs 6-9, add general comments and sign off the MCR.

The MCR (midpoint) created by [TITLE LEAD CS GMC: NUMBER], as Lead Clinical Supervisor for your trainee [TRAINEE NAME GMC NUMBER] is now ready for final sign-off.

The MCR (final) created by [TITLE LEAD CS GMC: NUMBER], as Lead Clinical Supervisor for your trainee [TRAINEE NAME GMC NUMBER] is now ready for final sign-off.

Alternatively, go to the trainee's learning agreement and click on the MCR marble. This will also show you the status of the MCR.

Follow the same steps for the midpoint and final learning agreement and MCRs.

3C.LEAD CLINICAL SUPERVISOR SCREEN NAVIGATION

When **Steps 1-3** have been completed by trainee and Assigned Educational Supervisor, you will be able to complete the midpoint MCR which is recommended for placements of 6 months or longer.

You may wish to set up the MCR meetings well in advance to ensure attendance. They can be virtual or physical meetings. You will need to share your screen.

You will see the following alerts on your dashboard, indicating that you have been selected as the Lead CS for specific trainees:

You have been selected as Lead Clinical Supervisor for your trainee [TRAINEE NAME GMC NUMBER]. Click here to see your responsibilities in this role.

Clicking the link will take you to MCR guidance

When the MCR is ready, clicking on the following links will take you to the relevant MCR:

The MCR (mid-point) for your trainee [TRAINEE NAME GMC NUMBER] is available for you to complete. The MCR (final) for your trainee [TRAINEE NAME GMC NUMBER] is available for you to complete.

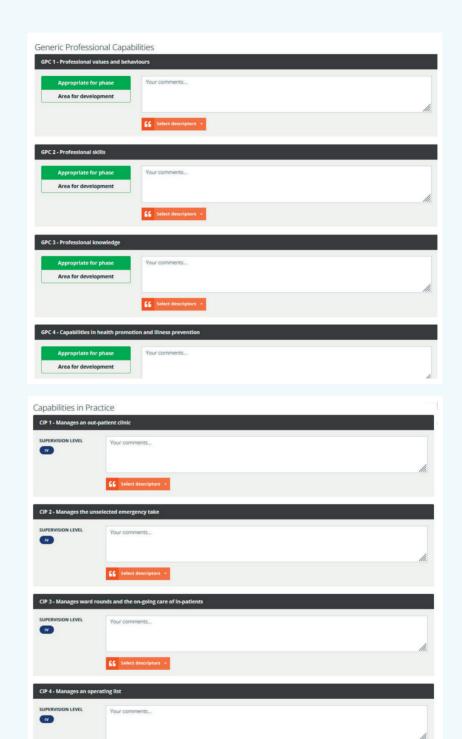
In the MCR meeting, open the MCR (and screen-share if possible), complete it on behalf of the group.

Rate GPC domains 1-9. The default rating is Appropriate for phase. You can add free text to elaborate. Use free text or click on descriptors to add them as development needs. Adding descriptors is only necessary for development needs. Do the same for each CiP, using free text or descriptors (max 5) to explain any ratings lower than IV. Excellence ratings can also be selected. There are additional specialty-specific CiPs for Cardiothoracic Surgery, Paediatric Surgery and Plastic Surgery.

You will not be able to access it after it is submitted, until it is signed off by the AES. Therefore, take time to look over the summary with the group before you submit it.

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The other clinical supervisors (including those who were unable to attend the meeting) will receive the following alert/link on their dashboards from which they will be able to open the MCR and make any extra comments within two weeks of submission:

[LEAD CS NAME GMC NUMBER], as Lead Clinical Supervisor, has invited you to add comments to an MCR (mid-point/final) for [TRAINEE NAME GMC NUMBER] within the next 2 weeks.

When all clinical supervisors have commented or when the two-week period has expired, the MCR will be available to the AES to comment and sign off.

You will receive the following alert/link to the final version in the trainee's portfolio. At this point, you should arrange a to have a feedback session with the trainee to discuss the MCR and self-assessment.

The MCR (mid-point/final) for your trainee [TRAINEE NAME GMC NUMER] has now been signed off by the trainee's AES [AES NAME GMC NUMBER] and can be found in the trainee's portfolio.

Guide to feedback session with trainees

Follow the same steps for the final MCR.

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3D. CLINICAL SUPERVISOR SCREEN NAVIGATION

STEPS 1-3 are completed by the trainee and Assigned Educational Supervisor.

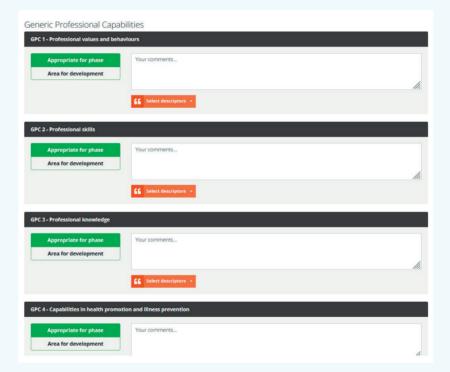
STEP 4 Complete the MCR

When steps 1-4 have been completed by trainee and Assigned Educational Supervisor, you will be able to meet with other clinical supervisors to complete the midpoint MCR which is recommended for placements of 6 months or longer.

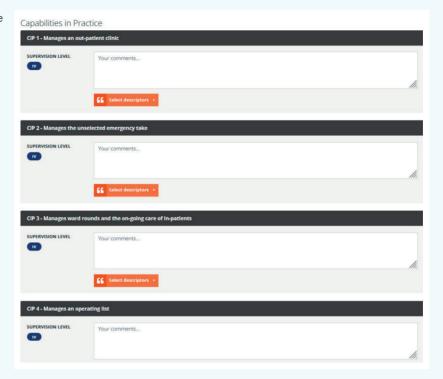
The Lead CS will arrange the MCR meeting which may be a virtual or physical meeting. Please see the <u>MCR guidance</u> for more information.

The Lead CS will complete the MCR in the meeting on behalf of the group (screen-sharing if possible).

Rate GPC domains 1-9. The default rating is **Appropriate for phase**. You can add free text to elaborate. Use free text or click on **Select descriptors** to add them as development needs. Adding descriptors is only necessary for development needs.



Do the same for each CiP, using free text or descriptors (max 5) to explain any ratings lower than IV. Excellence ratings can also be selected. There are additional specialty-specific CiPs for Cardiothoracic Surgery, Paediatric Surgery and Plastic Surgery.



STEP 5

Agree / Disagree with MCR (even if present at the MCR meeting)

After the meeting you will receive the following alert/link on your dashboard from which you will be able to open the MCR and make any extra comments within two weeks of submission. You have the option to agree, disagree and add comments. Please use the link even if you have no additional comments.

[LEAD CS NAME GMC NUMBER], as Lead Clinical Supervisor, has invited you to add comments to an MCR (mid-point/final) for [TRAINEE NAME GMC NUMBER] within the next 2 weeks.

STEP 6

Is completed by the AES. When all clinical supervisors have commented or when the two-week period has expired, the MCR will be available to the AES to comment and sign off. After AES sign off you will be alerted when the MCR is viewable from the trainee's portfolio:

The MCR (mid-point/final) for your trainee [TRAINEE NAME GMC NUMER] has now been signed off by the trainee's AES [AES NAME GMC NUMBER] and can be found in the trainee's portfolio

Follow the same steps for the final MCR.

APPENDIX 4:

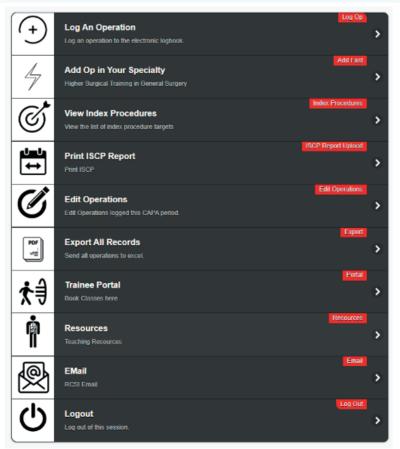
RCSI HST LOGBOOK

The HST Logbook will be familiar to anyone who has completed Core Surgical Training. The core operation logging is identical but there are different options available.

On a desktop – the menu will appear like this:



On a mobile the menu will appear like this:





Log An Operation

Log an operation to the electronic logbook.



Add Op in Your Specialty

Higher Surgical Training in General Surgery



View Index Procedures

View the list of index procedure targets

Use this to record an operation into the logbook. You will be able to select any specialty.

Almost the same as 'Log an Operation' but it will not offer you to select from the list of specialties. This will also load quicker because it doesn't need to request the full list of operations.

This will display the list of operations that your specialty has selected as index procedures. For example, if there is a target for your training programme of 50 lap chole operations, then it will display that target number and all the operations in the logbook that count to that group as there will be variations on the procedure (open/closed etc).



Print ISCP Report

Print ISCP

This functions both as a summary of all your operations including list of ops, consolidation list and index procedure report. When approaching ARCP you can use this screen to download a PDF that can be uploaded to ISCP.

To do this, use the date range option at the top of the screen, select the appropriate dates for the assessment period, right click and select 'print' and 'save to pdf'.



Edit Operations

Edit Operations logged this CAPA period.



Export All Records

Send all operations to excel.



Trainee Portal

Book Classes here



Resources

Teaching Resources



EMail

RCSI Email



Logout

Log out of this session.

operations you have logged.

You can use this screen to make changes to any

This will create an excel sheet of every operation you have logged in the logbook regardless of the time.

Because RCSI use a single sign on, if you are logged into the RCSI logbook you can use this to connect to the trainee portal and you will not be asked to login again.

A collection of useful resources for trainees including surgical training videos, 360 videos, online anatomy etc.

Because RCSI use a single sign on, if you are logged into the RCSI logbook you can use this to connect to your online and you will not be asked to login again.

Log out of the Logbook and all RCSI online software.

Uploading a report to ISCP

1. Click on ISCP Report



2. Select the Date Range Button

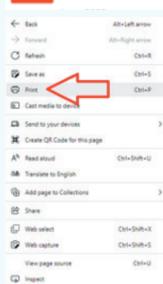


3. Select the start and end date as advised for this ARCP Period



4. Print to PDF

Right click anywhere and select 'Print' from the menu.



5. Select "Print to PDF" or "Save to PDF" as the option.



6. Upload to ISCP:

This will save a pdf report that can be uploaded to ISCP.

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APPENDIX 5:

NEW CURRICULUM FORMAT

Each of the individual Surgical Curriculum are available on www.iscp.ac.uk/iscp/surgical-curriculum-from-august-2021/about-the-surgical-curriculum/

The ISCP platform provides a huge amount of information and resources for trainees and we would encourage you to engage with these prior to starting in your rotation.

Reference guides and videos can be located HERE

In 2021, the curriculum was updated, whilst this won't impact you as a new user many of your trainers will be learning new skills and ways of assessment that have been updated in the curriculum. As a trainee you may need to guide them from time to time as they familiarise themselves with the 2021 updates.

2.2 ISCP Curriculum Assessment and Feedback

Central to the assessment framework is professional judgement. Assessors are responsible and accountable for judgements about trainee performance, leading to structured formative feedback to trainees. Trainees' reflection on feedback is also a necessary component of all assessments. The programme of assessment is described in each curriculum.

It is highly recommended that you cultivate **good organisational habits** from the start of the programme and keep up-to-date with your on and off-line paperwork, to ensure your trainers have the correct information available to them to assess and evaluate your progress through training.

Assessment and feedback comprises of an integrated framework of examinations, assessments in the workplace and judgements made about trainees during their approved programme of training.

All the assessments in the curriculum are designed to include a feedback element as well as to identify concerns in multiple ways, particularly:

- Learning agreement meetings
- Workplace-based assessments covering knowledge, clinical judgement, technical skills and professional behaviour and attitudes in conjunction with the RCSI surgical logbook of procedures to support the assessment of operative skills
- Examinations
- An annual review of competence progression (ARCP)

The key assessment is the **Multiple Consultant Report** (**MCR**) through which trainees are assessed on the high-level outcomes of the curriculum; the CiPs and GPCs.

2.3 CIPS – Capabilities in Practise – the same 5 CIPS apply to each specialty.

- 1. Manages an outpatient clinic
- 2. Manages the unselected emergency take
- 3. Manages ward rounds and the ongoing care of the in-patients
- 4. Manages an operating list
- 5. Manages multi-disciplinary working

chosen by the trainee's supervisors. These trainers determine how well a trainee can perform each CiP against the benchmark of a Day 1 Consultant.

~ GPCs - General Professional Capabilities. These are the professional standards that all doctors must adhere to. The GPCs are listed under 9 domains which represent professional behaviour for doctors. They can be marked for the trainee as Appropriate for Phase of Development Required.

The GPCs carry equal weight to the CiPs in a trainee's assessment. Professional skills are just as important as technical skills.

Both CIPs and GPCs are assessed via the Multiple Consultant report / MCR

2.4 Multiple Consultant Report (MCR)

The assessment of the Capabilities in Practice (CiPs) and Generic Professional Capabilities (GPCs) – the high-level outcomes of the curriculum – is through the Multiple Consultant Report (MCR). It involves the global professional judgement about a trainee's suitability to take on particular responsibilities or tasks that are essential to consultant practice. The professional judgement of a group of supervisors about a trainee in both their technical and professional skills is now key to a trainee's assessment.

The MCR assessment is carried out by the consultant Clinical Supervisors (CSs) involved with a trainee, with the Approved Educational Supervisor (AES) contributing as necessary to some domains (and particularly to GPC domains 6-9). The MCR includes a global rating in order to indicate how the trainee is progressing in each of the CiPs. This global rating is expressed as a recommendation:

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2.5 Trainee Self-Assessment (SA)

Trainees must complete a Self-Assessment for each MCR. This form is identical to the form the Clinical supervisors use for the MCR report. The trainee's Self-Assessment captures his/her own impressions of their progression in training. A trainee should highlight which areas they believe they need to develop, and also those areas they believe they are good. By describing self-identified areas for development with free text or CiP/GPC or GPC descriptors.

The completed SA will be compared with the supervisors MCR report at the trainees feedback meeting, allowing time to generate discussion and highlight areas where further action is needed so that the trainee can progress according to his /her own needs. Wide discrepancy between the self-assessment and the MCR allows identification of over or under confidence and for support to be given accordingly.

2.6 Work based Assessments (WBA)

WBAs are primarily aimed at aiding learning through constructive feedback that identifies areas for development. They provide trainees with educational feedback from skilled clinicians that should result in reflection on practice and an improvement in the quality of care. WBAs are only mandatory for the assessment of the critical conditions and index procedures. They may also be useful to evidence progress in targeted training where this is required e.g. for any areas of concern. They should be collated in your learning portfolio and are regularly reviewed during each placement, providing evidence that informs the judgement of the AES reports for the ARCP.

2.7 Case Based Discussions (CBD's)

The Case Based Discussions (CBD's) assess the performance of trainees in their management of a patient case to provide an indication of competence in areas such as clinical judgement, decision-making and application of medical knowledge in relation to patient care. The CBD process is a structured, indepth discussion between the trainee and a consultant supervisor.

2.8 The Learning Agreement (LA)

The learning agreement is a formal process of goal setting and review meetings that underpin training and is formulated through discussion. The process ensures adequate supervision during training provides

continuity between different placements and supervisors and is one of the main ways of providing feedback to trainees. There are three learning agreement meetings in each placement between the trainee and Assigned Educational Supervisor (AES) and these are recorded in the trainee's learning portfolio.

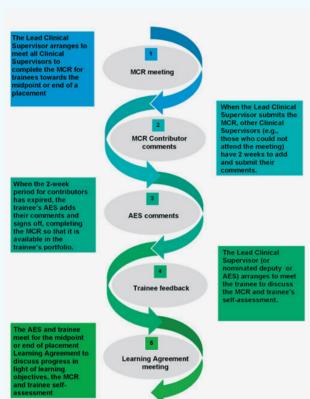
The Learning Agreement (LA) is fundamental to the whole training process. And it works in conjunction with the MCR. The aim of the LA is to develop the trainee's progression incrementally throughout their training. Each process in the LA adds to or feeds into the next, for example, the Objective Setting of the LA feeds into the MCR. The MCR feeds into the Learning Agreement meetings which in turn feed into the AES report which then feeds into the ARCP process. Each individual step along the LA trail adds to and enhances the trainee's progression towards the end goal - that of a day one consultant.

All the assessments in the curriculum are designed to include a feedback element as well as to identify concerns in multiple ways:

Figure 1. Sequence of Assessment during a rotation



Figure 2. Sequencing for the use of the Multi Consultant Reports (MCR)



Learning agreement: appraisal meetings with the AES at the beginning, middle and end of each placement

Work Based Assessments (WBA's): immediate verbal dialogue after a learning episode

Case Based Discussions (CBD's): meeting with a consultant trainer to discuss the management of a patient case

Multiple Source Feedback (MSF): meeting with the Approved Educational Supervisor (AES) to discuss the trainee's self-assessment and team views

Multiple Consultant Report (MCR) (mid-point formative): meeting with the Approved Educational Supervisor (AES) or Clinical Supervisor (CS) to discuss the trainee's self-assessment and CSs' views on Capabilities in Practise (CiPs)

Multiple Consultant Report (MCR) (final formative, contributing to the Approved Educational Supervisors (AES's) summative Report): meeting with the AES or CS to discuss the trainee's self-assessment and CSs' views on Capabilities in Practise (CiPs)

Formal examinations: summative feedback on key areas of knowledge and skills

Annual Review of Competence Progression (ARCP): a feedback meeting with the Training Programme Director (TPD) or their representative following an Annual Review of Competence Progression (ARCP).

Constructive feedback is expected to include three elements:

- i. a reflection on performance
- ii. identification of the trainee's achievements, challenges and aspirations and
- iii. an action plan.

Every time you start a new placement in a training unit you will need to set it up on ISCP. You will be advised who your Approved Educational Supervisor (AES) is as well as your Lead Clinical Supervisor (LCS) both of which you'll need when setting up your placement on ISCP. Note, only add clinical supervisors to your placement that you will be actually working with and not everyone on the team. You can always add more people as your progress through the placement.

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Royal College of Surgeons in Ireland
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