**CST/ EM2 Human Factors in Patient Safety**

**Resilience**

 **Introduction and course objectives** 09:30

 **Stress Analysis**  10:00

 **Coffee** 11:00

 **Schwartz Round**  11:20

 **Lunch** 13:00

 **Self-assessment of stress and burnout** 14:00

 **Stress Strategies** 14:30

 **Wrap up and close** 16:30